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Confidential Health History Questionnaire

Name: _____ DOB: _____

Nickname: _____ Today's Date: _____

Email: _____ Preferred Language: _____

Religion: _____ Country of Origin: _____

Marital Status: Divorced Dom. Partner Married Separated Sig. Other Single Widow Other

Race: American Indian Asian Black/African American Hispanic/Latino Native Hawaiian/Pacific Islander White/Caucasian Other Unknown Declined Ethnicity: Hispanic/Latino Non-Hispanic

Employment Status: Full Part Self Unemployed Retired Military Student: Full Part

Women's Health History, Section I: (If you are menopausal, skip to section II)

At what age did you began having menstrual periods? _____ Are your periods painful? Yes No

How long is the time between 1st day of a period to 1st day of the next period? _____ days

How long do your periods last? _____ days

Do you use birth control? Yes No If so, what type? _____

List any other methods used in the past: _____

Are you satisfied with your current form of birth control? Yes No

If you have children, do you desire to have more? Yes No Undecided

Have you had difficulty becoming pregnant? Yes No

Women's Health History, Section II:

Are you menopausal? Yes No Age of menopause? _____

Are you sexually active at this time? Yes No If so, with: Men Women Both

Do you have more than one sexual partner? Yes No Number of sexual partners in the past year: _____

Do you have pain with sex? Yes No Bleeding with intercourse? Yes No

Name: _____ DOB: _____ Date: _____

Have you ever had Pelvic Inflammatory Disease (PID) or infection in your tubes or ovaries? Yes No

Would you like to be tested for sexually transmitted disease (STD)? Yes No

Have you ever had: Genital Herpes Warts Chlamydia Gonorrhea Syphilis HIV

Have you ever been tested for STDs? Yes No If so, what type and when? _____

If so, have you had unprotected intercourse with a new partner since last tested? Yes No

Have you ever been a victim of: Sexual Assault Physical Abuse

Domestic Violence (hit, kicked, pushed, threatened, in any way?) Are you currently safe? Yes No

Is there any aspect of your sexuality or sexual problems that you would like to discuss? Yes No

Have you had any of the following vaccines?

HPV vaccine? (Age 9-26) Tdap Meningococcal (MCV)

Zovirax (Shingles) Flu Pneumococcal (Pneumonia, >65)

Do you have any of the following symptoms:

Vaginal: Odor Burning Itching Bulging Unusual Discharge

Urinary: Pain Frequency Urgency Leaking with cough, laugh, sneeze or exercise

Leaking with urgency to urinate Unable to initiate stream/empty completely

Pelvic: Pain Pressure Bloating Uterus, bladder or rectum pushing down

Menopause: Insomnia Hot Flashes Night Sweats Irritability

Vaginal Dryness Decreased Sex Drive

Bowels: Hard Stools Blood in Stool

Painful bowel movements? Yes No Frequency of bowel movements? _____

Mood: Depression Anxiety Mania Panic Disorder

Do you currently have thoughts of harming yourself or others? Yes No

When was your last Pap smear? _____ Was it abnormal? Yes No

If yes, please list the year, abnormal result and the follow-up treatment: _____

When and where was your last:

Cholesterol Check: _____ Normal or Elevated? _____

Mammogram: _____

Colonoscopy: _____

Bone Density Study (DEXA Scan): _____

Name: _____ DOB: _____ Date: _____

Do you have any allergies? _____

Past/Present Illnesses: (circle all that apply) Date Diagnosed/Details:

- Diabetes: Type I Type II _____
- Headaches: Tension Migraine Unsure _____
- Heart Attack or Stroke _____
- High Blood Pressure (Hypertension) _____
- High Cholesterol or Triglycerides _____
- Depression Anxiety Bipolar Disorder _____
- Anorexia, Bulimia or other eating disorder _____
- Hypothyroidism Hyperthyroidism _____
- Cancer: Type _____
- Asthma or other Lung Disease _____
- Recurrent Bladder and/or Kidney Infections _____
- HIV Hepatitis B Hepatitis C _____
- Bleeding or Clotting Disorder _____
- History of Blood Transfusions _____
- Pulmonary Embolism, Deep Vein Thrombosis _____
(blood clot in arms, legs or lungs)

Please list any other medical problems, along with details: _____

Previous Hospitalizations, Surgeries or Serious Injuries:

Type/Details	Year
_____	_____
_____	_____
_____	_____

Personal Habits:

How many times per week do you exercise? _____ What type? _____

Do you smoke/use: ___ Cigarettes ___ eCigarettes/Vapor ___ Marijuana (any form) ___ Smokeless Tobacco

If so, how much/many per day? _____ How long? _____

If you quit smoking, please list when: _____

Do you drink alcohol? ___ Yes ___ No If so, how many drinks per week? _____

If you quit drinking, please list when: _____

Do you drink caffeine? ___ Yes ___ No If so, how much per day? _____

Have you ever used: ___ Cocaine ___ Heroin/Narcotics ___ Methamphetamines ___ Ecstasy

If so, please list when and how much: _____

Please list any specific questions you wish to discuss with the Doctor: _____

Name: _____ DOB: _____ Date: _____

Pregnancy History:

How many times have you been pregnant? _____ Number of living children: _____
Do you have any adopted children? ____ Yes ____ No How many? _____
Do you have step-children? ____ Yes ____ No How many? _____
Have you ever had a miscarriage? ____ Yes ____ No Dates: _____
If so, was a D&C required? ____ Yes ____ No Were there any complications? ____ Yes ____ No
Have you ever had an ectopic (tubal) pregnancy? ____ Yes ____ No When? _____
If so, were you treated with medication or surgery? _____ Type? _____
Were there any complications? ____ Yes ____ No If so, type? _____
Have you ever had an abortion? ____ Yes ____ No When? _____
If so, was it medical or surgical? _____ Were there any complications? ____ Yes ____ No

Previous Births:

Date	Vaginal or Cesarean	Sex	Name	Weight	Complications
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Family History - Past/Present Illnesses:

Disease/Condition	Relation	Maternal/ Paternal	Details
Diabetes: Type I Type II	_____	_____	_____
Heart Disease or Attack	_____	_____	_____
High Blood Pressure	_____	_____	_____
High Cholesterol/Triglycerides	_____	_____	_____
Hypo/Hyperthyroidism	_____	_____	_____
Breast Cancer	_____	_____	_____
Uterine Cancer	_____	_____	_____
Ovarian Cancer	_____	_____	_____
Other Cancer(s)	_____	_____	_____
Osteoporosis or Hip Fracture	_____	_____	_____
Depression or Substance Abuse	_____	_____	_____
Bleeding or Clotting Disorder	_____	_____	_____
Pulmonary Embolism, Deep Vein Thrombosis (blood clot in arms, legs or lungs)	_____	_____	_____

If born between 1938 - 1971, did your mother take DES while she was pregnant with you? ____ Yes ____ No